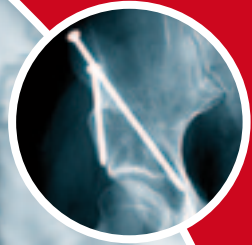


# VII INTERNATIONAL MEETING

OF HIP SURGERY IN YOUNG ADULT

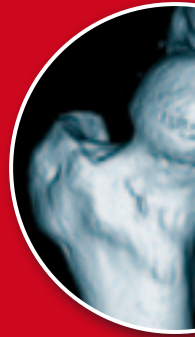
MADRID · 22<sup>ND</sup> - 23<sup>TH</sup> · MARCH · 2012



Hospital Universitario  
Infanta Leonor



Comunidad de Madrid



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R. Zarzoso (SPAIN)

## WEBSITE

[www.institutodecirugiadecadera.com](http://www.institutodecirugiadecadera.com)

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DE CIRUGÍA DE CADERA



### ACCREDITATION IN PROCESS:



SEAFORMIC

## COURSE DIRECTOR INVITATION

Dear colleagues:

One more year, we succeeded in organizing the VII International Meeting of Hip Surgery in Young Adult. As in previous editions, it will be held in the University Hospital Infanta Leonor (Madrid).

We have organized a full-day session on Thursday 22nd and a half-day session on Friday 23rd of March 2012. It'll be broadcast two live hip arthroscopic surgeries perform by two international experts: Bryan T Kelly (New York, USA) and Claudio Mella (Santiago de Chile-Chile).

This year we have added to the program a cadaver course where delegates will be able to perform hip conservative surgery techniques such as hip arthroscopy, periacetabular osteotomy and mini-anterior approach to the hip. This course will be held on Wednesday March 21st and has a very limited number of inscriptions.

We have also organized several round tables to promote discussion and participation by all attendees. As in previous years, participants will be divided into small groups to participate in workshops about the surgical techniques presented during the conference, encouraging contact with the speakers. In this edition there will be workshops along the two days of the congress. We present clinical cases session with active participation by the audience through a voting system; we attempt to deal with complex cases that you can send us via mail [raul.martinez@clover-sgm.es](mailto:raul.martinez@clover-sgm.es).

Finally, facing the training of the assistants, we have included a legal discussion on informed consent in hip replacement; we will update our clinical practice to the legal safety standards that our profession requires.

We hope that the topics and speakers chosen are to your liking.

Kind regards



**Dr. Oliver Marín Peña**  
**Hospital U. Infanta Leonor · Madrid**

# SCIENTIFIC PROGRAM

## PREMEETING PROGRAM

### HIP CADAVER LAB

#### WEDNESDAY 21ST MARCH

10:00-19:30 Hip Cadaver Lab: Hip arthroscopy + Mini-anterior approach + PAO  
Inscription 900  
Limited Inscription

## PRELIMINARY PROGRAM

#### THURSDAY 22TH MARCH

08:45-09:15 Registration

09:15-09:30 Welcome  
Presentation: Dr R Larrainzar/Dr O Marin

09:30-11:10 Conservative Hip Surgery (I)

Moderator: Dr. M. Tey y Dr. Monllau

▶ **Can we avoid hip OA if we treat FAI?**

Dr. R. Villar

▶ **Do not debride the labrum please, repair it!**

Dr. E. Schilders

▶ **FAI treatment in adolescent**

Dr. P. Rego

▶ **How to avoid damage to vascular supply of the femoral head**

Dr. C. Mella

▶ **Complications in hip arthroscopy**

Dr. M. Leunig

▶ **Video techniques: arthroscopic repair of gluteus tears**

Dr. B. Kelly

▶ **Video techniques: Hip arthroscopy treatment of FAI**

Dr. Dr. Villar

▶ **Video techniques: arthroscopic psoas tenotomy in THA**

Dr. L. Pérez Carro

▶ **Video techniques: Outside-in approach in hip arthroscopy**

Dr. E. Margalet

▶ **Discussion**

11:10-11:25 Official Welcome by Authorities

11:25-11:45 Coffee break

11:45-13:45 Live Surgery (I)

**Hip arthroscopy in FAI** Dr. B. Kelly

Moderator: Dr. R. Villar y Dr. M. Leunig

13:45-14:45 Surgical Workshops (I)

**Arthroscopy/ Hip arthroplasty in young adult**

14:45-15:30 Lunch

15:30-16:30 Interactive case presentation

Moderator: Dr. O Marín / Dr. L. Pérez-Carro

Faculty Panel: B. Kelly, R. Villar, C. Mella, M. Leunig, P. Foguet,

E. Schilders, Dr. A. Vallés, J. Vaquero, B. de la Torre, E. Gil Garay, M. Ribas,

M. Tey, P. Rego, E. Margalet, B. Balay, P.K. Andersen, G. Grappiolo, R. Zarzoso

# SCIENTIFIC PROGRAM

- 16:30-17:50 Conservative Hip Surgery (II)  
Moderator: Dr. B. de la Torre y Dr. F. Forriol
- ▶ **Outcome measurement in hip surgery in young adult**  
Dr. O. Marín
  - ▶ **Outcome at 5 years with surgical dislocation in FAI**  
Dr. P. Rego
  - ▶ **Outcome at 5 years with Mini-anterior approach in FAI**  
Dr. M. Ribas
  - ▶ **Outcome at 5 years with hip arthroscopy in FAI**  
Dr. B. Kelly
  - ▶ **Outcome at 5 years with extended approach in PAO**  
Dr. R. Zarzoso
  - ▶ **Outcome at 5 years with Mini-approach in PAO**  
Dr. M. Ribas
  - ▶ **Discussion**

## FRIDAY 23TH MARCH

- 09:00-10:20 When Conservative Hip Surgery Fail...  
Moderator: Dr. A. Coscujuela y Dr. E. Gil Garay
- ▶ **After 10 years of hip resurfacing: Who is the best candidate?**  
Dr. R. Prakash
  - ▶ **More than 10 years HA stem in young adult**  
Dr. B. Balay
  - ▶ **Why short stems?**  
Dr. U. Prakash
  - ▶ **MIS hip surgery and less invasive stem**  
Dr. G. Grappiolo
  - ▶ **Comparative Biochemical analysis:  
MIS vs Standar approach in THA**  
Dr. J.A. De Pedro
  - ▶ **Why stems with modular necks?**  
Dr. M. Ribas
  - ▶ **Dual mobility cup in young adult, a new fashion?**  
Dr. P. Kjaersgaard-Andersen
  - ▶ **Discussion**
- 10:20-11:20 Surgical Workshops (II)  
**Hip Arthroscopy/ Hip arthroplasty in young adult**
- 11:20-11:40 Coffee break
- 11:40-12:10 **What we shouldn't forget in THA informed consent**  
Dr. J. Sanz Martín
- 12:10-14:00 Live surgery (II)  
**Hip arthroscopy in Femoroacetabular impingement**  
Dr. C. Mella  
Moderator: Dr. M. Leunig y Dr. B. Kelly
- 14:00-15:00 Closing remarks and Farewell cocktail  
**Dr. O. Marín y Dr. R. Larrainzar**

## INFORMATION

Course Director

**Dr. Oliver Marín Peña**

Organization

**Orthopaedic Surgery Department H. Univ. Infanta Leonor**

Venue

**Hospital Universitario Infanta Leonor. C/ Gran Vía del Este, 80  
C.P.28031 Madrid (Spain)**

Focused to

**Specialist on Orthopaedic Surgeons and Traumatology**

Price

### **Simple inscription fee**

Before 26/02/12:

**395 € I.V.A.**

After 26/02/12:

**485 € I.V.A.**

**Included:**

Free access to the meetings

Lunch

Coffee break

### **Inscription + Cadaver course**

Before 26/02/12:

**1200 € I.V.A.**

After 26/02/12:

**1400 € I.V.A.**

**Included:** Free access to the meetings

Lunch

Coffee break

Cadaver course

To register in the Meeting, please visit: [www.institutodecirugiadecadera.com](http://www.institutodecirugiadecadera.com)

## VENUE

Hospital U. Infanta Leonor, C/Gran Vía del Este 80 28031 Madrid · Spain

## COURSE SECRETARY

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